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Polo Pimms and Pilates on the Pitch!

Polo has long been seen as the sport of kings! Images of Prince Charles, William and Harry, ladies in posh frocks treading in—champagne glass in hand!

Today, polo is on the turn. It is fast becoming a female played sport. It is widely becoming accessible to the masses—to play or to sit back and watch.

One of our very own Jigsaw Equine team has been playing polo and owning polo ponies since 1994. So, it was an easy 'yes' when we were invited to become a Sponsor of the West Wycombe Sponsors Cup Polo Weekend.



Little did we know that we would win the cup and have the mother of all weekends for laughs, good fun and high jinks!

Ever seen a polo player astride a big red ball?.....No! Well, imagine the fun we had in what had to be a very 'hands on' approach to helping them master the skill!



We welcomed over 40 Jigsaw Equine friends and clients to enjoy the ladies and gents in white breeches thundering up and down the polo field (5 times the size of a football pitch).

Many were 'virgins' to the polo field so to ease them in comfortably, everyone received their own copy of A Woman's Guide to Polo—covering the essentials from A to Z! Armed with a little light reading, a bottle of wine and the promise of high class fodder—ladies who lunch sat down to study polo

By mid afternoon on Saturday it was time to put the Jigsaw Equine team through their paces with some mounted Equilates and 'team talk' while the competition looked on bemused!



Bemused or not—defeated they soon were! The next match saw team Jigsaw Equine playing out of their skins! A form they carried on delivering all weekend to end Sunday's play as the victorious holders of the Sponsor's Cup! Weren't we a proud parenting sponsor?.....!!!!



A Beginner's Guide to Polo....

A Woman's Guide: AN ABC OF POLO

A = A rather yummy polo player!



Often seen in the form of the MALE of the human species! (Women do play especially when sharp elbows and an inability to say no— is an advantage!)
When approaching said 'polo player' smile! Smile as if your life depended upon it. Imagine Aunt Betty's finest Tea Plate surgically inserted between your teeth, such an eager illustration of your fine white china reassures the male polo player (often from Argentina or New Zealand) that you a) have your own teeth and b) can afford a dentist.

Make sure you are 'in the know' next season when polo kicks back up again and you get the 'bug' to go and watch and want to know 'what to wear' and 'what to expect'!

Download (free) your copy of : A Woman's Guide to Polo and you'll soon be sounding like an 'old hand'!

We hope you enjoy reading it and will look up your local polo club and pay a visit in 2011 .