

...LATEST NEWS...

- > Happy New Year to all our customers, colleagues— horses and ponies!
- > JigsawEquine takes Equilates to Ontario, Canada and San Francisco February 2010
- > JigsawEquine eats Social Networking for breaky!



Ladder Barrel in use to assess & correct posture



Jo Young's Clinic on Dressage Theory

JIGSAWEQUINE Journeys to Canada and onto San Francisco

The New Year starts off with travel and exciting plans to introduce Equilates to the Canadian and American Horse Riding world.

Equilates as you may already know has been developed to bring the principles of Pilates to horse riders. This has the benefit of helping horse riders of any age, size and ambition to learn how to straighten and stabilize their body and in doing so to help their horse move more freely when ridden.

Rachael, our Equilates expert and Jo Young will be putting the Canadian and Americans through their paces during a series of 4 clinics in Ontario, Canada and California, USA.

Each clinic is designed specifically around the needs of the group attending. Febru-

ary's audience will include riders of all levels including some Grand Prix dressage riders and top level event riders for whom every performance enhancing change they can make will have a significant impact on the results they can achieve.

At that level, it is attention to detail that can make all the difference.

Rachael will be giving each attendee an individual physical and postural assessment. Identifying postural issues that affect the the communication between horse and rider.

Teaming up with JigsawEquine for this special event is Jo Young— International Dressage and Paralympics Judge with a track record including all

major CCI's in North and South America. She has judged at the Pan American Games in Rio De Janeiro and Winnipeg and the Rolex CCI****, USA.

Jo will be bringing her experience of judging at a top competitive level to the workshops to provide the attendees with top quality feedback on their riding both before and after their Equilates work out.

These workshops will be highly practical and intense in terms of content to be covered and challenges to be addressed by both Rachael and Jo.

We wish them luck and look forward to sharing with you the memorable moments afterwards.

WHAT IS A WEBINAR?

Nearly everything you come across today has the web featured in it somehow, somewhere! It's no surprise therefore that a Webinar has a lot to do with the Internet.

A webinar is launched by a JigsawEquine presenter but instead of being in a community centre, town hall or other salubrious building, the presenter could be anywhere in the world talking to you live, via the internet from their home or stable yard.

All you have to do is buy your ticket, log onto the internet, have a phone standing by and at the appointed event time, off we go!

The benefit to you is that you can be at home, at the office, abroad on holiday and still NOT miss out on events and lectures that you want to participate in. We hope that all sounds good to you and look forward to connecting on line with you in 2010!



Enjoy Taking Part at Home!

HAPPY NEW YEAR!

TO ALL OUR
CLIENTS,
COLLEAGUES — YOUR HORSE'S
&
PONIES!
JigsawEquine!